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I work in the office of a big company which provides some rental services to guests of our city. I come there at 8:30 a.m. every day and start my working day checking e-mails from clients and partners. Then I plan my working day according to my duties: business meetings, calls, work with bookings and guests, answers on claims and other interesting things. My lunch time is at 13:00. My colleagues and I buy some meal in the shop located on the corner of the office building. When my workday finishes, I turn off my laptop, say good buy to my chef and go to metro. The duration of my way home is approximately 30 minutes. This is a period of time, when I can listen to music, watch movies, read e-book. Unfortunately, when I come home I feel drained, exhausted and don't want to do all those things. Sometimes I go to the swimming pool to swim for an hour.

After my coming home, I feed my cat, clean her toilet, have dinner, change my clothes and take a hot bath. Then I usually clean my flat, watch some favorite series and talk with my friend on the phone or via social networks. I wash dishes, go shopping, jump over the rope, do abdominal crunches and play computer games. I spend a great deal of time on my additional job. Twice a week I go to yoga classes to relax and get a good mood, because it helps to cope with stress. Sometimes, I go to museums, cinema, theatre, walk with friends or boyfriend, but typically I'm so washed out to have some activity.

At midnight I go to bed because if I don't, I feel bad and tired next day. Sometimes it seems to me that workday dribbles along, but it also can go too quickly. Usually it depends on my mood.